



May 2020

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# The Scoop

**Central Office will open it's doors when we receive governmental clearance to do so.**

## AA in the AV

*By Bruce L., Dist. 7 Archivist*

### *Eddie W.'s Early Days*

As I mentioned in the April Scoop, Eddie W. got sober in the Antelope Valley in 1961 and went to meetings here for about two years before he moved to the San Fernando Valley. Here is another installment from his own writings:

My name is Eddie W.; Coming back from a three-day bender in 1960, being sick and tired of being sick and tired, I remember seeing a personal ad in the local paper that read "if you think you have a problem with alcohol call this number \_\_\_\_.

This was the number of Loren S. He was part of a small roving AA group that met, like a lot of early groups did, in members' homes. There were about five people at a typical Friday night meeting. They were all much older than me and they had a general feeling that I was not ready because I still had a watch, car, wife, etc. I was 28 years old.

After five or six meetings with them and another nine months of

drinking, Loren told me there was a group of younger people meeting in Lancaster that might be better suited to me. After another hard siege of drinking, I knew what I had to do.

*(continued on page 3)*

## Step Five

***"Admitted to God, to ourselves and to another human being the exact nature of our wrongs."***

All of AA's Twelve steps ask to deflate our egos. When it comes to ego deflation, few Steps are harder to take than Five. But scarcely any Step is more necessary to longtime sobriety and peace of mind than this one.

A.A. experience has taught us we cannot live alone with our pressing problems and the character defects which cause or aggravate them. If we have swept the searchlight of Step Four back and forth over our careers, and it has revealed in stark relief those experiences we'd rather not remember, if we have come to know how wrong thinking and action have hurt us and others, then the need to quit living by ourselves with those tormenting ghosts of yesterday gets more urgent than ever. We have to talk to somebody about them.

## The 5th Tradition

**“Each group has but one primary purpose – to carry its message to the alcoholic who still suffers.”**

“Shoemaker, stick to thy last!” ... better do one thing supremely well than many badly. That is the central theme of this Tradition. Around it our Society gathers in unity. The very life of our Fellowship requires the preservation of this principle.

Alcoholics Anonymous can be likened to a group of physicians who might find a cure for cancer, and upon whose concerted work would depend the answer for sufferers of this disease. True, each physician in such a group might have his own specialty. Every doctor concerned would at times wish he could devote himself to his chosen field rather than work only with the group. But once these men had hit upon a cure, once it became apparent that only by their united effort could this be accomplished, then all of them would feel bound to devote themselves solely to the relief of cancer. In the radiance of such a miraculous discovery, any doctor would set his other ambitions aside, at whatever personal cost.

### ***Daily Reflections excerpt on the 5th Step***

*Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.*

12 & 12, p.55

Since it is true that God comes to me through people at a distance I also keep God at a distance. God is nearer to me than I think and I can experience Him by loving people and allowing people to love me. But I can neither love nor be loved if I allow my secrets to get in the way.

It's the side of myself that I refuse to look at that rules me. I must be willing to look at the dark side in order to heal my mind and heart because that is the road to freedom. I must walk into darkness to find the light and walk into fear to find peace.

By revealing my secrets, and thereby ridding myself of guilt, I can actually change my thinking; by altering my thinking, I can change myself. My thoughts create my future. What I will be tomorrow is determined by what I think today.

### **Concept V**

Throughout our structure, a traditional “Right of Appeal” out to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.

## *Quotable Quotes*

*Collected by Dano B.  
(12 Quotes heard in AV in 2020)*

1. I got here the day before I died. Landy (1/15/2020)
2. I live alone. I have locks on the door and a gun, and the only thing dangerous in my house is me. Dave (1/19/2020)

3. House cleaning is a spiritual task for me today as a mom. I'm hung over on life, no time for drinking. Karley (2/16/2020)

4. It is really hard to have a relationship with a narcissist. Nobody has the freedom to not like me. (3/7/2020)

5. I'm moving towards God, no matter what is in my way. (3/8/2020)

6. I don't realize how sick I am in recovery. I realize how sick I was. Arnold (3/10/2020)

7. There are no pictures in the Big Book, but there sure are a lot of mirrors. Paul O. (3/11/2020)  
*Quote of the year*

8. There is a reason I don't run off and disappear anymore. Mike W. (3/14/2020)

9. Inactivity causes worry! (3/16/2020)

10. That's pretty scary when I am the voice of reason. Bob J. (3/24/2020)

11. In all God's goodness, I often try to put the spotlight back on me. (3/30/2020)

12. Dishonesty, selfishness, resentment and fear eclipse the Sunlight of the Spirit. Dano (4/2/2020)

### **Coming Events**

There are no Coming Events due to our current troubles.

**Be grateful for your sobriety, contribute \$1.00 for each year of sobriety to Central Office during your birthday month.**

**Good Orderly Direction**

***From a letter by Bill W. in 1957***

“We reacted more strongly to frustrations than normal people. By reliving these episodes and discussing them in strict confidence with somebody else, we can reduce their size and therefore their potency in the unconscious.”

***(Continued from page 1)***

With my wife’s assistance, I was able to get up two steps from the sidewalk and two steps to the back door, then through the kitchen to the dining area where people were gathered around a table in a smoke-filled room. I was propped up against a cigarette machine.

That day was June 16, 1961. I have not found it necessary to have a drink since that date.  
(to be continued)

## ***Word Game***

ALIBIS, ALONENESS, ANXIETY, CONTROVERSY  
COPERATION, DISHONESTY, DRY-BENDER  
FORGIVENESS, FRUSTRATION, HIGHER-POWER,  
HONESTY, INFERIORITY, INTOLERANCE  
NEWCOMERS, PERSONALITIES, PRAYER, PRINCIPLES,  
RATIONALIZATION RELATIONSHIPS

T	F	S	P	I	H	S	N	O	I	T	A	L	E	R
S	O	S	S	E	N	E	N	O	L	A	H	C	A	Y
L	R	Y	T	S	E	N	O	H	S	I	D	T	J	P
S	G	E	P	R	A	Y	E	R	G	C	I	J	F	E
R	I	Y	T	S	E	N	O	H	O	O	N	C	R	R
E	V	B	W	G	L	Y	E	P	N	N	F	P	U	S
D	E	Z	I	Q	E	R	E	A	E	T	E	R	S	O
N	N	N	H	L	-	R	L	N	W	R	R	I	T	N
E	E	H	N	P	A	I	E	X	C	O	I	N	R	A
B	S	Z	O	T	Z	L	K	I	O	V	O	C	A	L
-	S	W	I	A	P	F	X	E	M	E	R	I	T	I
Y	E	O	T	U	D	U	U	T	E	R	I	P	I	T
R	N	I	H	H	S	Q	E	Y	R	S	T	L	O	I
D	O	Y	P	Y	E	W	J	D	S	Y	Y	E	N	E
N	I	N	T	O	L	E	R	A	N	C	E	S	M	S

# 2020 Office Manager Report A1:J41A78A1:J39A1:JA1

	Jan - Mar '20	Apr '20	YTD Total
Sales of Goods	\$11,810.72	\$31.64	\$11,842.36
Expenses	(\$12,684.41)	(\$1,867.83)	(\$14,552.24)
Cost of Goods	(\$9,224.29)	\$0.00	(\$9,224.29)
Contributions	\$6,110.74	\$3,424.75	\$9,535.49
<b>Net Income</b>	<b>(\$3,987.24)</b>	<b>\$1,588.56</b>	<b>(\$2,398.68)</b>

**2020**

## BIRTHDAYS

### Contributions

Group	Jan - Mar '20	Apr '20	2020 Total
A Gathering of Women	\$50.00		\$50.00
AM Mod	\$1,816.54	\$677.90	\$2,494.44
Anonymous	\$381.15	\$160.00	\$541.15
Any Lengths Group	\$0.00		\$0.00
AV Hospital - Rm #CR7	\$0.00		\$0.00
AV Men's Stag	\$300.00		\$300.00
AV Round-Up	\$0.00		\$0.00
AVYPBYOC	\$0.00		\$0.00
Birthday	\$142.46		\$142.46
Came to Believe	\$0.00		\$0.00
Crown Valley Grp	\$0.00		\$0.00
Daily Reflection	\$0.00		\$0.00
Dare to be Different	\$0.00		\$0.00
Faithful Fiver	\$435.00	\$30.00	\$465.00
Friday Noon - Alano	\$0.00		\$0.00
H & I	\$0.00		\$0.00
High Desert BB Grp	\$452.23		\$452.23
High Desert Hospital	\$0.00		\$0.00
I Am Big Book Study	\$0.00		\$0.00
Intergroup Fundraisers	\$0.00		\$0.00
Into Action	\$50.00		\$50.00
Joe & Charlie Book Study - Alano	\$0.00		\$0.00
Lake Hughes Group	\$90.00		\$90.00
Last Call	\$0.00		\$0.00
Little Red Book	\$45.00		\$45.00
Mid-Day Mod	\$0.00	\$291.41	\$291.41
New Beginnings	\$0.00		\$0.00
Open Door	\$233.00		\$233.00
Palmdale Grp	\$1,157.36		\$1,157.36
Pearlblossom Grp	\$72.00	\$349.26	\$421.26
PM Mod	\$0.00		\$0.00
Quartz Hill Unity Grp	\$240.00		\$240.00
Rainbow Grp	\$0.00		\$0.00
Rosamond Sun Night	\$0.00		\$0.00
Rule 62 Grp	\$200.00		\$200.00
Sat AM Men's Stag	\$0.00		\$0.00
Sat Spkr Mtg - Alano	\$0.00		\$0.00
Sobriety Rocks - Alano	\$0.00		\$0.00
Spiritual Sunday - Alano	\$0.00		\$0.00
Steps in Depth	\$0.00		\$0.00
Steps Workshop	\$71.00		\$71.00
Sun Night BBS	\$0.00		\$0.00
The Promises - Alano	\$0.00	\$19.12	\$19.12
Tuesday Topic Mtg - Alano	\$0.00		\$0.00
We Care Grp	\$0.00		\$0.00
Wed Night BBS @ Grange	\$0.00		\$0.00
Westside Grp	\$50.00		\$50.00
Women in Progress	\$0.00		\$0.00
Women in Recovery	\$0.00		\$0.00
Women Seeking Serenity	\$0.00		\$0.00
<b>TOTALS</b>	<b>\$5,785.74</b>	<b>\$3,424.75</b>	<b>\$7,313.43</b>

Adolfo T.	5/3/2015	5	James S.	5/12/2000	20
Erica B.	5/9/2015	5	Liz K.	5/30/2000	20
Jaclyn W.	5/13/2015	5	Stephanie H.	5/27/2000	20
Terry B.	5/16/2015	5	Carl F.	5/27/1999	21
Joel	5/11/2013	7	Scott T.	5/30/1998	22
Andre' A.	5/31/2013	7	Terry M.	5/30/1998	22
Brice C.	5/22/2012	8	Bob H.	5/27/1997	23
Frank M.	5/4/2012	8	Kathy D.	5/5/1997	23
Tom K.	5/1/2012	8	Paul M.	5/29/1997	23
Brian W.	5/6/2011	9	Ray R.	5/17/1997	23
Diane M.	5/29/2011	9	David P.	5/30/1995	25
Karen M.	5/10/2011	9	Erich R.	5/15/1994	26
Mario G.	5/17/2011	9	Linda M.	5/31/1994	26
Tammy S.	5/15/2011	9	Ron H.	5/14/1994	26
Theresa B.	5/7/2011	9	Ron J.	5/9/1994	26
Valerie Jo H.	5/25/2011	9	Tom H.	5/7/1994	26
Ernesto H.	5/3/2010	10	Earl W.	5/16/1993	27
Kevin G.	5/10/2010	10	Marsha Y.	5/15/1993	27
Paul B.	5/20/2010	10	Steve W.	5/9/1993	27
Wendell F.	5/27/2010	10	Tom M.	5/14/1993	27
Amy M.	5/2/2009	11	Betty C.	5/27/1992	28
Danielle G.	5/29/2009	11	David G.	5/16/1992	28
Edward S.	5/20/2009	11	Laura E.	5/17/1992	28
Eric M.	5/31/2009	11	Lee M.	5/25/1992	28
Kathi D.	5/6/2009	11	Cathy R.	5/1/1991	29
Kathryn M.	5/29/2009	11	De Andre M.	5/29/1991	29
Kathy S.	5/19/2009	11	Kevin Mc	5/16/1991	29
Lisa K.	5/20/2009	11	Sharon L.	5/10/1991	29
Yvonne E.	5/5/2009	11	Deto	5/21/1990	30
Chris G.	5/21/2008	12	Joh F.	5/22/1990	30
Georgia A.	5/21/2008	12	Robert G.	5/9/1990	30
Jonie R.	5/21/2008	12	Scott T.	5/5/1990	30
Michael S.	5/13/2008	12	Walt B.	5/13/1990	30
Rickey C.	5/17/2008	12	Robin K.	5/6/1989	31
Robert M.	5/13/2008	12	Bill M.	5/20/1988	32
Ashley A.	5/8/2007	13	Kim C.	5/18/1988	32
Bayla	5/15/2007	13	Sandy C.	5/1/1987	33
Brian O.	5/21/2007	13	Gene S.	5/7/1986	34
Cathleen K.	5/30/2007	13	Lou B.	5/1/1986	34
Melissa G.	5/14/2007	13	Michele R.	5/26/1986	34
Rive C.	5/10/2007	13	Tom K.	5/27/1986	34
Stan V.	5/9/2007	13	Kim T.	5/12/1985	35
Dave K.	5/14/2006	14	Beverly M.	5/12/1984	36
Charlie P.	5/26/2005	15	Paul E.	5/4/1984	36
Kevin M.	5/4/2004	16	Barbara	5/8/1983	37
Steve H.	5/2/2004	16	Dawn E.	5/22/1983	37
Sylvia	5/7/2004	16	Herbert H.	5/12/1983	37
Cathy W.	5/9/2003	17	Lori H.	5/15/1983	37
Dave M.	5/15/2003	17	John C.	5/3/1982	38
Debbie T.	5/7/2003	17	Jose T.	5/3/1982	38
Patti B.	5/21/2001	19	Loretta R.	5/25/1978	42
Robert B.	5/27/2001	19	Don M.	5/2/1976	44
Tomas C.	5/29/2001	19	Ken L.	5/7/1976	44

\*\*Grn = PayPal Grp Contribution  
 \*\*Blu = Misc PayPal Contributions

**Get your groups birthday list to Central Office . . . That's how they appear here!**

### Managers Corner

Birthday Raffle is suspended until we open again.

*Thanks to all who are making contributions through our website, through bill-pay and through the mail by check! It is through our combined efforts that we will get through this. Be safe & Be well, my friends!*

**Thank You Saturday Volunteers!!**

1st ~ Larry W. & Lori D.  
 2nd ~ Wendy W. & Jon C.  
 3rd ~ Debbie L. & Cindy D.  
 4th ~ Stephanie S. & Karen M.  
 5th ~ Christine F. & Richard C.

**Scoop 4**

*Thank you for allowing me to be of service!!*

Jeffrey Harlow

Don't forget to visit us on the Web!